

## What is Community Supported Agriculture (CSA)?

CSA is a mutual relationship between a local farm and the community that consumes its produce. The members pay a fee to cover the cost of producing the food and, in turn, receive a weekly share of the harvest during the growing season.

This arrangement guarantees the farmer financial support and allows many small to medium scale organic farms to remain in business. It benefits the members by knowing the person who is growing their food and by receiving the harvest at the peak of freshness. Another characteristic of CSA is the agreement to pay in advance for a predetermined amount of produce. In most cases, this commitment implies a willingness to share with the farmer both the harvest from the land and at least some of the inherent risks of production.

Participation in a CSA leads to a deeper understanding of the effort it takes to produce quality food and our dependence upon God for our sustenance.

## Where does the produce come from?

- The vegetables we send are certified organic. We grow many of the items we send, but occasionally we will purchase items from other local farms. These other farms are also certified organic using quality growing methods. We will inform you before we send any items that are not from our farm.
- The eggs and yogurt come from other local farms.
- The fruit we occasionally send in the CSA boxes is certified organic from our farm and other local orchards. The Fruit Share is low-spray (IPM) from local orchards.

## When does the season start? How long will it last?

The Early Start CSA is a four-week share in the month of April. If you are eager for early spring vegetables, this season is for you. The Spring/Summer season begins in May and continues through August. This season lasts a total of 18 weeks.

The Fall season starts in September and runs through December. The Fall shares last for a total of 16 weeks.

The Fruit Share has a slightly different schedule. It starts when the strawberries start and continues for 16 weeks. We also offer a 12-week apple/pear share October-December.

## What is a share and how does it work?

As a member of Crawford Organics CSA, you will receive a weekly box with an assortment of in-season fresh vegetables. In the Standard share you will receive 7 to 9 items each week. In the Mini share you will receive 5 to 6 items per week (See “Harvest Expectations” for types). The Standard size box is designed for 2-4 people. The Mini Share is designed for 1-2 people (depending on menu preferences). The box may not supply all your vegetable needs, depending on your normal vegetable consumption. (See website for more details.)

You will pick up your vegetables once a week (every other week for a bi-weekly share) either at the farm or at a specified pick-up point (see “Dropsites”).

## What is a Bi-Weekly Share?

A bi-weekly share is a box (Standard or Mini size) delivered every other week. Nearly all of the produce we send will easily last for two weeks. Please see our website for more details.

## What if I go on vacation?

If you plan to be away certain weeks in the CSA season, and you can let us know when you sign up; we will deduct the value of the boxes. If, after you sign up, you realize you will be away some week, there will be no refunds; but you may either have a neighbor pick up your box for you, or (with one week’s advance notice) you may cancel your box and receive a credit. That credit can be used on another delivery date. See website for details.

## Other additional Shares:

### EGGS

We also offer eggs from pastured hens. The hens have daily access to roam the fresh grass around their portable house. These hens are not organic, but are fed a 100% GMO-free diet. A share of eggs consists of one dozen every week.

### FRUIT

We send certified organic fruit in the vegetable boxes about 5 times per year. If you would like more fruit, our fruit share contains 1-2 fruit items each week. The fruit share contains fruit that is not certified organic. Rather it is reduced-spray, using the environmentally-sensitive IPM standard.

Because fruit is generally a summer item, the fruit share has a different schedule than the vegetable share. It starts with early strawberries and continues through the end of September. We also offer a twelve-week apple & pear extension from October through December. You can find more information at [www.crawfordorganics.com/fruitshare](http://www.crawfordorganics.com/fruitshare).

## YOGURT

We offer yogurt from Seven Stars Farm in Kimberton, PA. Their yogurt is made from certified organic whole milk without flavorings or thickeners. It is a very good, creamy-textured yogurt with a mild flavor.

## Discounts

Spring/Summer season paid by 2/15/23 2%  
Fall Season paid by 7/31/23 2%  
More discounts on website.

## Dropsites:

(By County) All deliveries are on Tuesdays.

### Berks:

Sinking Spring: 3:00-7:00pm  
301 Kentucky Ave, Sinking Spring, PA 19068

### Chester:

Berwyn/Paoli: 4:00-7:00pm  
408 Rock Creek Circle, Berwyn, PA 19312  
West Chester: 3:00-6:30pm  
212 S High St, West Chester, PA 19382

### Delaware:

Bryn Mawr: 5:00-8:00pm  
22 Thomas Ave, Bryn Mawr, PA 19010  
Havertown: 4:00-8:00pm  
149 E Turnbull Ave, Havertown, PA 19083

### Lancaster:

East Earl: 2:30-7:30pm  
387 Iron Bridge Rd, East Earl, PA 17519  
Ephrata: 2:30-7:00pm  
727 Rettew Mill Rd, Lititz, PA 17543  
New Holland: 2:30-7:30pm  
549 W Main St, New Holland, PA 17557

## Montgomery:

Ambler: 4:00-7:00pm

338 Rosemary Avenue, Ambler, PA 19002

Arcadia University: 4:00-7:00pm

450 S Easton Rd, Glenside, PA 19038

Bala Cynwyd: 4:00-7:00pm

415 Bryn Mawr Ave, Bala Cynwyd, PA 19004

Conshohocken: 12:00-6:00pm

213 W. 7Th Ave, Conshohocken, PA 19428

Dresher: 3:00-7:00pm

Dresher, PA 19025

Merion Station: 4:00-7:00pm

505 Baird Rd, Merion Station, PA 19066

Narberth: 4:00-7:00pm

115 Merion Ave, Narberth, PA 19072

Plymouth Meeting: 4:00-7:00pm

2 Timberfare Cir, Plymouth Mtg, PA 19462

## Philadelphia:

Fairmount: 2:00-10:00pm

2601 Pennsylvania Ave, Phila, PA 19130

Mt Airy: 4:30-8:00pm

7112 Germantown Ave, Phila, PA 19119

West Philly: 3:00-7:00pm

915 47th St, Philadelphia, PA 19143

## In Home delivery: (Additional Cost)

We also offer delivery to your home or work within these zip codes: 19102, 19103, 19104, 19106, 19107, 19110, 19121, 19122, 19123, 19125, 19130, 19132, 19133, 19134, 19139, 19143, 19145, 19146, 19147 and 19148. The boxes will be delivered to your home or work on Tuesdays.

## Prices:

Weekly      Bi-Weekly \*

### Early Start CSA (April)

	4 wks	2 boxes
Standard Veg Share	\$132	\$66
MINI Veg Share	\$104	\$52
Add-On Eggs	\$24	\$12
Add-On Yogurt	\$22	\$11

### Spring/Summer (May through August)

	18 wks	9 boxes
Standard Veg Share	\$684	\$342
MINI Veg Share	\$486	\$243
Add-On Eggs	\$108	\$54
Add-On Yogurt	\$99	\$49.50

### Fall (September through December)

	16 wks	8 boxes
Standard Veg Share	\$608	\$304
MINI Veg Share	\$432	\$216
Add-On Eggs	\$96	\$48
Add-On Yogurt	\$88	\$44

### Fruit Share (June through December)

	16 wks	8 boxes
Low Spray Fruit Share	\$202	\$104
	12 wks	6 boxes
Fruit Share Extension	\$116	\$60

In Home Delivery: \$7.00/box

## Reserve Your Share

To sign up, please visit our website  
[www.crawfordorganics.com/signup](http://www.crawfordorganics.com/signup)  
or call us at (717) 445-6880

\* Some bi-weekly shares will start one week later.

## Harvest Expectations

### **April-June**

Arugula, Beets, Boc Choi, Broccoli, Cabbage,  
Carrots, Chard, Cilantro, Garlic Scapes,  
Assorted Herbs, Kale, Lettuce, Parsley,  
Peppers, Popcorn, Potatoes, Radishes,  
Scallions, Spinach, Strawberries, Sweet  
Potatoes, Zucchini

### **July-September**

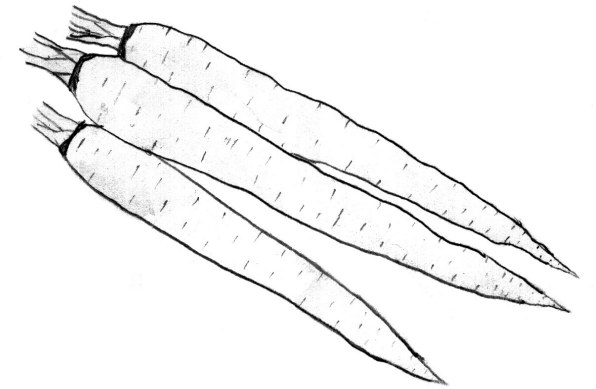
Green Beans, Beets, Broccoli, Carrots, Chard,  
Cilantro, Concord Grapes, Sweet Corn,  
Cucumbers, Eggplant, Garlic, Assorted Herbs,  
Kale, Lettuce, Onions, Parsley, Pears, Peppers,  
Potatoes, Radishes, Scallions, Shallots,  
Tomatoes, Cherry Tomatoes, Watermelon,  
Winter Squash, Zucchini

### **October-December**

Apples, Arugula, Beets, Boc Choi, Broccoli,  
Cabbage, Carrots, Cauliflower, Chard,  
Cilantro, Garlic, Assorted Herbs, Kale, Leeks,  
Lettuce, Onions, Parsley, Peppers, Popcorn,  
Potatoes, Radishes, Scallions, Shallots,  
Spinach, Sweet Potatoes, Turnips, Winter  
Squash

\*Note: this list is only an estimation of when our crops are harvested. Some of these items you will find in your box frequently and others only once or twice. Because we are working with living plants and the unpredictability of weather, there is no guarantee of the exact type or quantity of produce you will receive each week.

# Crawford Organics



2023  
Community  
Supported  
Agriculture